



# CPD in Key Child Mental Health Topics: for any professional working with vulnerable children and teenagers

## Centre for Child Mental Health

Evening Lecture Programme 2023–24 (live stream events, only £20 a ticket)

Date	Title	Speaker
Thurs 23 Nov 2023 5 – 6.30pm	Supporting Voice Hearers: Recovery and Discovery	Eleanor Longden
Thurs 11 Jan 2024 5 – 6.30pm	Addressing trauma-based shame in children who hate themselves	Dr Margot Sunderland
Thurs 18 Jan 2024 5 – 6.30pm	From 40 years as a Senior Child Psychotherapist, what I've learnt about how children get mentally unwell and how they heal.	Dr Jeanne Magagna
Thurs 8 Feb 2024 5 – 6.30pm	Engaging with nature as vital for mental health in secondary schools	Dr Coral Harper
Thurs 29 Feb 2024 5 – 6.30pm	Social media, technology, and the impact on Children and Young People	Annie Chappell
Thurs 7 Mar 2024 5 – 6.30pm	Sandplay therapy: Key tools, techniques and interventions	Dr Margot Sunderland
Thurs 28 Mar 2024 5 – 6.30pm	How to have conversations with child survivors of domestic abuse and the facilitation of parent-child dialogues	Catherine Lawler
Thurs 4 Apr 2024 5 – 6.30pm	Using Polyvagal Theory to help children and young people overcome panic and anxiety	Karen Stallard

**More details and bookings:**  
[www.childmentalhealthcentre.org](http://www.childmentalhealthcentre.org)  
 Tel: 020 7354 2913

