



CPD in Key Child Mental Health Topics: for any professional working with vulnerable children and teenagers

Centre for Child Mental Health

Evening Lecture Programme 2023–24 (live stream events, only £20 a ticket)

Date	Title	Speaker
Thurs 12 October 2023 5 – 6.30pm	Using storytelling and story listening as a therapeutic tool with children	Dr Margot Sunderland
Thurs 19 October 2023 5 – 6.30pm	Working with children and young people who self-harm with reference to eating disorders	Lynne Davis
Thurs 2 November 2023 5 – 6.30pm	A Mentalizing approach for excluded and risky adolescents whose help-seeking is non-conventional	Dr Dickon Bevington
Thurs 16 November 2023 5 – 6.30pm	Exploring the impact of race and working with refugees	Sheetal Amin
Thurs 23 November 2023 5 – 6.30pm	Supporting Voice Hearers: Recovery and Discovery	Eleanor Longden
Thurs 11 January 2024 5 – 6.30pm	Addressing trauma-based shame in children who hate themselves	Dr Margot Sunderland
Thurs 18 January 2024 5 – 6.30pm	From 40 years as a Senior Child Psychotherapist, what I've learnt about how children get mentally unwell and how they heal.	Dr Jeanne Magagna
Thurs 8 February 2024 5 – 6.30pm	Engaging with nature as vital for mental health in secondary schools	Dr Coral Harper
Thurs 29 February 2024 5 – 6.30pm	Social media, technology, and the impact on Children and Young People	Annie Chappell
Thurs 7 March 2024 5 – 6.30pm	Sandplay therapy: Key tools, techniques and interventions	Dr Margot Sunderland
Thurs 28 March 2024 5 – 6.30pm	How to have conversations with child survivors of domestic abuse and the facilitation of parent-child dialogues	Catherine Lawler
Thurs 4 April 2024 5 – 6.30pm	Using Polyvagal Theory to help children and young people overcome panic and anxiety	Karen Stallard

More details and bookings:

www.childmentalhealthcentre.org

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