



The Centre for Child Mental Health Events 2024

Evening Lecture Programme

All evening events run on Thursdays from 5pm–6.30pm
Live, online events, from £20 a ticket

7 March 2024

Dr Margot Sunderland: Sandplay therapy: Key tools, techniques and interventions.

28 March 2024

Catherine Lawler: How to have conversations with child survivors of domestic abuse and the facilitation of parent-child dialogues.

4 April 2024

Karen Stallard: Using Polyvagal Theory to help children and young people overcome panic and anxiety.

25 April 2024

Dr Margot Sunderland: Understanding why children and teenagers become violent and how to help them heal.

2 May 2024

Roz Read: Working therapeutically with adoptive parents.

23 May 2024

Dr Margot Sunderland: Use of big empathy drawing and emotion cards to help children and teenagers process painful life experience.

6 June 2024

Jude Smit: Understanding causes, prevention and healing for people with suicidal thoughts, feelings and behaviours.

27 June 2024

Dr Margot Sunderland: Understanding why children and teenagers become depressed and how to help them heal.

4 July 2024

Dr Margot Sunderland: Understanding why children and teenagers become anxious and how to help them heal.

Conference

Live, in person events, from £45 a ticket

Saturday 20 April 2024 10am–5pm

Dr Anne Alvarez, Dr Dan Hughes, Dr Suzanne Zeedyk, Dr Margot Sunderland: People who've changed the face of infant, child and teenage mental health interventions in the 21st century.

Training Days

Live, in-person events, from £49.50 a ticket

Saturday 23 March 2024 10am–4pm

Liz Ronan: Safeguarding: What every professional needs to know about safe practice and working ethically with children.

Saturday 23 March 2024 10am–5pm

Carla Barber-Doyle: Enabling children and young people to speak about feelings through bodywork and movement.

Thursday 18 and Friday 19 April 2024 10am–5pm

Dr Dan Hughes (International guest trainer):

Developing therapeutic stories with children and teenagers that reduce their shame and fear.

Helping children to bring their traumatic past into the present and their therapeutic present into the past.

Saturday 18 May 10am–5pm

James Binnie: Cognitive Behaviour Therapy with children and young people.

Saturday 7 December 10am–4pm

David Taransaud: Positive ways of working with challenging teens through understanding the adolescent within us (day 1).

Sunday 8 December 10am–4pm

David Taransaud: Positive ways of working with challenging teens through understanding the adolescent within us (day 2).

More details and bookings:

www.childmentalhealthcentre.org or telephone: 020 7354 2913