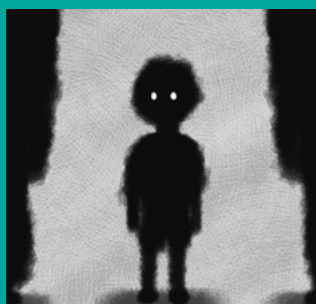


Online Certificate in Art Therapy Skills (for work with children and young people)

Includes second award: Certificate in Child and Adolescent Mental Health



A training programme co-run by The Institute for Arts in Therapy and Education (Academic Partner of the University of East London) and Centre for Child Mental Health.

Start date

January 2025

Benefits from attending

- Gain a wealth of knowledge about the causes and healing of child and adolescent mental health problems.
- Learn key art therapy skills: sand play, art, poetry, clay, art imaged-emotion cards, use of puppets. Everyday words fail to do justice to what a child wants to say, whereas a picture or image really does speak 1000 words.
- Learn how to enable children/young people to use arts and imagery to name their feelings and communicate far more effectively in order to process important life events.
- Includes second award: Certificate in Child and Adolescent Mental Health (part one)
- Progression route for those participants who want to go on to become a nationally recognised and registered art therapist or child psychotherapist.

**Early booking highly
recommended as limited places**

For more information

www.artpsychotherapy.org | info@iate.uk

Fees: £995

Part One (leading to the award of Certificate in Child and Adolescent Mental health)

January 2025 to July 2025

- 10 x 2-hour child and adolescent mental health forums (one or two Thursday evenings a month or watch the recording in your own time).
- Time 5.30pm to 7.30pm
- December 12 2024 or Jan 16 2025
- Jan 30, Feb 13, March 13, March 20, April 24, May 8, May 22, June 26, July 3
- 2 additional mental health webinars on therapeutic relational skills (watch in your own time)
- Assessment: Multiple choice to assess your assimilation of the course content.

Part Two: From Mental Health Theory to Therapeutic Practice (art therapy interventions)

- Part two of the programme starts during Part One (10am to 4.30pm each day)
- Day 1 Sat 29th March 2025
- Day 2 Sat 26th April
- Day 3 Sat 10th May
- Day 4 Sun 22nd June
- Day 5 Sat 5th July
- Day 6 Sat 12th July
- Sunday 13th July (assessment day)
- 2 additional art therapy webinars (watch in your own time)
- The final assessment day you will need to attend but you do not need to present. This will mean a Certificate of Attendance not the award.

Admissions

Application form and attending part one. You will need to pass both part one and part two assessments to get the award.