

LIVE IN
LONDON!

LIVE IN LONDON TWO-DAY TRAINING

Working with Attachment Difficulties and Trauma through a Dyadic Developmental Lens

Thursday 20th May and Friday 21st May 2027

9.30am to 5.00pm

About the training

A not-to-be-missed opportunity to train with internationally acclaimed clinical psychologist, Dr Dan Hughes in a beautiful setting in London. On the training, Dan will explore how to use PACE and key interventions from DDP to bring about transformational long-term change and trauma recovery.

Through live role plays and deeply moving case material, Dan will demonstrate exactly what is meant by enabling a child/young person to effectively process past traumas, so they no longer blight life and relationships. As Dan says, "Processing is the power of conversations and relationships. Conversations lead to coherent stories, stories that you don't need to be ashamed of, or afraid of anymore. Stories that make sense of your world and guide you to a life that's satisfying." In light of this, Dan will demonstrate interventions from DDP that enable children/young people to talk about their inner world when they have no words for it, then help them develop a coherent narrative about painful life events, grieve and find self-compassion, so that they are no longer haunted by past events.

Admissions

Mental health professionals, counsellors, therapists

Other benefits from attending:

- Gain a wealth of tools and techniques to support you to respond therapeutically when a child/teenager tells you a very important story about their life.
- Learn new ways to help children/ teenagers to think about their lives.
- Watch Dan demonstrate how to talk with children/teenagers using an affective-reflective dialogue.
- Learn about Dan's model of Dyadic Developmental Psychotherapy in which the child gains new relationship experiences to heal, changing their relationship to self and others.
- Watch Dan demonstrate therapeutic conversations based on his model of PACE, through case material and live role play.

About Dan Hughes

Dr Dan Hughes

Internationally acclaimed Clinical Psychologist. Founder of Dyadic Developmental Psychotherapy. Originator of PACE used by practitioners/parents all over the world. Decades of ground-breaking profoundly moving therapeutic interventions with vulnerable children and their families.

Prolific author including: *Building the Bonds of Attachment; Healing Relational Trauma; Attachment Focused Family Therapy; Attachment Focused Parenting; 'Brain Based Parenting'*

To book: £189

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Venue: The Institute for Arts in Therapy and Education. Sugar House Island, 1 Danes Yard, Stratford, London E15 2QD